



SPECIAL TO THE DAILY RECORD

'EAT SMART, MOVE MORE'

Jobella Estiverne (second from left), Emma Armenti, Makayla Antoine, Richard Carfagno and Valentina Lemos assist Katie Renton, a professional chef and brand manager at Villa Enterprises, with mixing a healthy sauce for their pasta. Villa Enterprises Management, the global restaurant franchisor in Morristown and owner of several restaurants in Morris County, partnered with the Morris Area Wellness Partnership Friday to support the fight against childhood obesity and help teach kids how to cook healthy meals. Ten children from Kiddie Academy in Morristown visited its corporate test kitchen for a cooking class with a trained chef. The event supported the Morris Area Wellness Partnership's "Eat Smart, Move More" campaign and its third annual "Move it Morris Day," taking place today at Loantaka Brook Reservation in Morris Township.



Makayla Antoine and Richard Carfagno taste their work and check their muscles at the Villa Fresh Food Lab in Morristown.

